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CO 602 Theoretical Approaches to Assessment and Treatment Planning

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CO 602 Theoretical Approaches to Assessment and Treatment Planning
Fall Semester 2001
Carol B. Saenger, M.S., C.P.C., Adjunct Professor

Maximum Enrollment: 30

One Hour Credit

Prerequisites: PM 642 and MA Counseling status

Introduction

In order to function as a competent clinician, one must develop competence in diagnosing and effectively treating a variety of problems with which they are confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This course is designed to provide students with an introduction to assessment, clinical diagnosis and treatment planning. Students will have an opportunity to become acquainted with material relevant to treatment issues both from a Christian historical perspective and current knowledge.

As a result of completing this course, students shall:

1. Become familiar with principles for applying Christian thought to the field of counseling.
2. Learn how to conceptualize cases from various theoretical perspectives.
3. Develop the ability to think like a clinician using relevant diagnostic information.
4. Value a collegial process in the development of treatment plans.
5. Learn how to develop and implement treatment plans including cultivating the ability to assess progress
6. Learn the value of and how to keep effective treatment records.
7. Understand how to effectively utilize supervision to facilitate quality treatment.
8. Understand the role of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.
9. Understand how to make appropriate treatment referrals.

Text

Berman, Pearl S. (1997). *Case conceptualization and treatment planning*. Thousand Oaks: Sage Publications.

Requirements

1. Active participation in class sessions.
2. Punctual class attendance is required. Students should limit their absences to emergency cases such as illness, family emergencies, etc. If you should have to be absent, please notify the professor either through e-mail (Carol_Saenger@asburyseminary.edu or cbsaenger@aol.com) or call (502)875-8853. Make up assignments will be assigned for missed classes. **Class participation will compose fifteen percent (15%) of the grade.**
3. Group presentation. Students shall be assigned to one of four groups. Each group shall lead the class through a presentation on case conceptualization and treatment from one theoretical orientation. The class presentation shall include a brief introduction to the pivotal concepts of the theory as well as applying the concepts to a case. The case shall be provided by the instructor. Students should use the example from the text as a means of proceeding with the assigned case. **Twenty-five percent (25%) of the student's grade will be given for the group presentation.**
4. Individual Case Conceptualization. Students shall be assigned a case and write a complete treatment plan using a theoretical perspective of their choice. The theoretical perspective chosen should ideally reflect the student's present theoretical bent. **This will account for sixty percent (60%) of the student's grade.**
5. Additional reading should amount to 400 pages, including the text.

Evaluation

Course assignments shall be graded using the following grade ranges:

A	93	C	73
A-	90	C-	70
B+	87	D+	67
B	83	D	63
B-	80	D-	60
C+	77	F	Below 60

Schedule and Topics

September 5, 2001

Orientation

Group Assignments

Developing Case Conceptualizations and Treatment Plans -- Berman Chapter 1

September 12, 2001

Video and Discussion on Person-Centered Therapy

September 19, 2001

The Complexity of Human Experience -- Berman Chapter 2

September 26, 2001

Video and Discussion on Reality Therapy

October 3, 2001

Group One's Presentation on
Behavioral Case Conceptualization and Treatment Plan-- Berman Chapter 3

October 10, 2001

Video and Discussion on Play Therapy

October 17, 2001

Group Two's Presentation on
Cognitive Case Conceptualization -- Berman Chapter 4

October 24, 2001

Video and Discussion on Cognitive Theory of Depression

October 31, 2001

Group Three's Presentation on
Process-experiential Case Conceptualization -- Berman Chapter 5

November 7, 2001

Video and Discussion on Family Systems Therapy
Read Berman Chapter 6

November 14, 2001

Group Four's Presentation on
Dynamic Case Conceptualization -- Berman Chapter 7

November 21, 2001-- Reading Week

November 28, 2001

Video and Discussion on Short-term Dynamic Therapy

December 5, 2001

Last Class -- Term paper due!

Video and discussion on Irreconcilable Differences

Note:

This syllabus is subject to change if course-enhancing opportunities arise for guest lecturers, special presentations, etc.